

march 3, 2013 sunday venue central park Daylight Savings march 10, 2013 sunday Time begins Put your clock venue central park ahead one hour march 17, 2013 sunday venue floyd bennett field march 23, 2013 🗆 saturday Daylight Savings Start Delay venue central park Start times for |Full weekend these races is 6:45 of racing march 24, 2013 □ sunday venue prospect park march 31, 2013 sunday Easter Sunday Passover venue prospect park april 7, 2013 sunday venue central park april 13, 2013 saturday venue central park |Full weekend of racing april 14, 2013 sunday venue floyd bennett field april 21, 2013 sunday Time Trial venue palisades interstate park april 28, 2013 sunday Final Day venue prospect park Overall payout

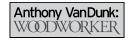
GREAT TRAINING & GREAT RACING

Sponsored by

Metropolitan Cycling Association | Team Squiggle

with special thanks to all the racers, officals, volunteers, park employees, first reponders, politicians, USA Cycling and spectators who have made the past 45 years possible.

www.newyorkbikeracing.com









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For all fields, if during the event an incident does occur where the road is closed, the actions for a race finish are as follows. After the road is opened and if time allows for one additional lap, the finish for that lap becomes the results for that field. However if a full lap is not possible we will have a 1-mile scratch race to decide the finish of the event.

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^{**} maximum field of 50 riders in all fields except the Pro 1,2,3. However we will add additional fields as needed. Meaning that there can be three category 3,4 fields that day or 2 cat 5 fields if needed. Each field will have their own prize list.

Registration/Information

Online registration www.bikereg.com

Mail-in registration Printing out Pdf instructions For legal purposes, many states require documents of a legal nature to use print in a font of not less than 10 points. These documents have been created with that requirement in mind. However, Adobe Acrobat may scale your document down to it's own margins, thereby reducing the print to a size that may render the legality of this document void.

Fees

\$290.00 for the full series.

\$29.00 per race (except april 21, 2013 time trial \$32.00) \$8.00 late fee (no day of registration for time trial)

Mail release form with payment to:

METROPOLITAN CYCLING ASSOCIATION 63 Fort Greene Place, Suite 20, Brooklyn, NY 11217

Make checks out to Metropolitan Cycling Association

Website www.newyorkbikeracing.com **Phone** 718.522.7390 **Fax** 718.522.6580

E-mail avd@panix.com

entry fees Pre-entry fees for most races are \$29.00 per race. This includes insurance. late-entry fees For all USCF classes is an additional \$8.00 per race.

The entire series (march 3 through april 28) \$290.00 pre-entries must be pre marked no less than seven days prior to race date.

race cancellations Due to inclement weather (snow/ice on the course) will only be refunded only to the extent that the amount paid by the registrant exceeds the value of races actually held, calculated at \$29.00 per race and registrant must sign-in on race day. prizes All finish prizes and series prizes are cash not merchandise and will be paid by check. Series prizes of \$1000 will be paid to the top money winners in each category at the end of the complete series. Only finish prizes (not primes) will count in the cumulative total (1 point per dollar won). All Prizes must be picked up by the end of the series. remaining prizes are donated to the promoter. No prize shall be give out before the 15 minute protest period.

juniors All licensed riders under the age of 18 race in their category for free. check-in Opens one hour before race start and closes 15 minutes before start.

CHECK-IN CLOSES FIFTEEN MINUTES BEFORE RACE START TIME!

field limits Maximum of 150; minimum of 20 (classes may be combined). For Cat 3,4 max of 100 plus series riders For Cat 5 racers a maximum of 50; minimum of 12 (classes may be combined).

unattached riders You will be charged an additional fee of \$5.00 per race.

attention all persons under the age of 18 years of age! If you are preregistered, you must submit your athlete's entry and release form with a notarized signature of your parent or legal guardian. If you sign the release on the day of the race, you also must bring your parent or legal guardian with you to sign.

race leaders jersey The race leader is the rider with the most points in the overall prize category (1 point for each dollar you win in prize money (primes not included)). The official jersey will be green and yellow. The race leader will wear (has to) the jersey as long as he/she remains in the points leader. The rider gets to keep the jersey for life and there is a new jersey given out each week.

race leaders jersey for Cat 5 The race leader is the rider with the most points in the overall prize category (see points listed on prize list). The Cat 5 race leader will wear (has to) the jersey as long as he/she remains in the points leader. The rider gets to keep the jersey for life and there is a new jersey given out each week.

winners cap The winner of each race in every category of every week gets a "W" cap. series registration points An additional 50 points will be given out to all racers who preregister (before the first race day (not the morning of the first race)) for the whole series.

WARNING If you are spotted – under any circumstances – in either of the two small "recreation lanes" to the left of the wide vehicle lanes in which the cyclists race, you will be suspended for three months from all Park Races. Note that the left-most lane in the lower loop on the west side near the Tavern on the Green is considered a "recreation lane." if you are spotted – under any circumstances – urinating anywhere in the park, outside of the restrooms, you will be suspended from racing for the day.

Anyone who passes, draws even with, or comes within 25 feet of their pace car, or fails to obey the pace car driver's instructions will be disqualified. This may result in the stoppage of a race and the disqualification of an entire field, if necessary. If your group is being passed by another field, you must move all the way to the right side of the road and slow down immediately, permitting the field to pass as quickly as possible. Any person or group failing to yield immediately, will be disqualified! only safe, courteous riding will assure cycling events remain in the nyc parks

The sport of cycling continues to grow throughout the united states, yet on the east coast there appears to be pockets of resistance to the growth of cycling and a reluctance to accommodate the creation and development of new cycling events. In the past few years representatives from several local clubs have fought to prevent the loss of central park as a place for you to race. In july 2006 the nyc parks department adopted new guidelines

prizelist 2012			
pro, 1, 2, 3*	category 3, 4*	masters 35+*	category 5
Total \$550.00	Total \$250.00	Total \$250.00	1 Trophy (55 pts)
1 \$ 81.00	1 \$ 50.00	1 \$ 57.00	2 Trophy (50 pts)
2 \$ 73.00	2 \$ 40.00	2 \$ 53.00	3 Trophy (45 pts)
3 \$ 66.00	3 \$ 35.00	3 \$ 49.00	4 Trophy (40 pts)
4 \$ 59.00	4 \$ 33.00	4 \$ 47.00	5 Trophy (35 pts)
5 \$ 54.00	5 \$ 32.00	5 \$ 44.00	
6 \$ 50.00	6 \$ 31.00		
7 \$ 46.00	7 \$ 29.00		
8 \$ 43.00			
9 \$ 40.00			
10 \$ 38.00			

to try to reduce the possibility of any bicycle racing mishaps occurring with other park users. You will note the required number of marshals, signs, pace cars, motorcycles and cones have been vastly increased. We now need your support and cooperation in order to race in the parks.

Do not ride-under any circumstances-in either of the two small "recreation lanes" to the left of the wide vehicle lanes in which the cyclists race. Note that the left-most lane in the lower loop on the west side near the Tavern on the Green is considered a "recreation lane." do not block the start line area prior to-and especially after-the race.

Allow clear passage to park vehicles and other park users.

Do not drive any cars into the parks. All cars and team vehicles must remain on the streets. Do not arrive late to check-in. Check-in closes fifteen minutes before the start time shown. In 2012, races will start promptly at the scheduled time.

Please be courteous to one another and to other park users, despite provocation. You are cycling's best public relations representative. Let's work to build public support for bicycle racing.

all racers You must wear an ANSI or Snell approved cycling helmet. No exceptions! races Senior Categories Pro,1, 2, 3, 4: All races will be standard "scratch" road races, with separate fields and prizes for the three groups: categories Senior Men Pro, 1, 2, 3, Senior Men 3, 4 and Senior Men Category 5. Masters 35+ Categories 3, 4: All races will be standard "scratch" road races, in which all of these classes and categories combined compete for a single prize list. Any rider in this race has the option of riding with their category. Races may be shortened if we are going to go over our allotted time in Park.

The Start/Finish Line for Central Park

Registration is in the Rambles Parking lot. That is on the Eastside [Fifth Avenue] of the park near 79th Street. Only on street parking is available. Please read the signs before you leave your car.

The Start/Finish Line for Prospect Park

Registration is at the Empire Blvd triangle. That is near the caroseul near Empire Blvd and Flatbush Avenue. Parking is not available inside the park. Please lock your car before you leave your car. and ride your bike into

The Start/Finish Line for Floyd Bennett Field

Registration, course and start/finish line is on the north 40 runway. That is the runway near Aviator. Please lock your car before you leave your car.

The Start/Finish Line for Palisades Timetrial

Registration is in the Englewood Boat Basin Parking lot. The course runs from above the Englewood Boat Basin to the Alpine round about and the finish line is at the Englewood start line. Please lock your car before you leave your car.

overall winners This year each category will receive trophies for the top 3 places, based on dollars won (not including primes. Each category has an additional overall prize which equis the daily prize.)

suspensions You will be given one warning before you are suspend from all park races. You name will be listed for promoters to see and given to the special events division of the parks department.

special primes We are developing special added awards for each winner, please keep coming back to the site for more information.

series registrants Pre-register for the whole spring series and receive 50 bonus points.

- Are not allowed to ride bikes on pathways.
- \bullet Should respect other parks users at all times.
- \bullet Should not ride in the wrong direction on the drive after 6:00 a.m.
- Should not place bikes on trees or exposed tree roots.
- Should not relieve themselves in the landscape.
- Should not block the recreation lane during or after the race.
- Should not place bags on grass.

one day licenses are limited to cat 5 men and cat 4 women ONLY

1. Foreign UCI-affiliated amateur racing license holders with a copy of the letter from their federation of origin are welcome. 2. All riders must have a license. A one day license is available @ registration. one day licenses are limited to cat 5 men and cat 4 women ONLY 3.Category 5 race is open to category 4 women and category 5 men. 4. Those riders with foreign (UCI from outside the US) are usually considered cat 1 5. UCI license holders may NOT ride in a masters event unless their license has the words "master" on it. Any 30 and above with "elite" on the license may NOT ride in US masters races.

2013 NYC Spring Bicycle Racing Series M:2011 Membership Forms/2010 Event Release.qxp Rev 09/07

The following event release form has been approved by USA			
Cycling, Inc. If reproduced, it must be in a minimum of 10 point			
type and retain the exact same formatting.			
PLEASE COMPLETE THE FOLLOWING INFORMATION			
TODAY'S DATE			
EVENT NAME 2013 New York City Spring Bicycle Racing Series			
EVENT DATE(S)			
RACE(S)/ACTIVITY(IES) ENTERED			
CLUB/TEAM NAME [
ANNUAL LICENSE #L			
RACING AGE (as of December 31, 2013)			
Name			
Address L			
City LST ZIP			
Phone E-mail			
Emergency Contact			
Emergency Contact Phone			

I ACKNOWLEDGE THAT BY SIGNING THIS DOCUMENT. I AM ASSUMING RISKS, AND AGREEING TO INDEMNIFY, NOT TO SUE AND RELEASE FROM LIABILITY THE ORGANIZER OF THIS EVENT AND USA CYCLING, INC. (USAC), ITS ASSOCIATIONS (THE UNITED STATES CYCLING FEDERATION (USCF), NATIONAL OFF ROAD BICYCLE ASSOCIATION (NORBA), NA-TIONAL COLLEGIATE CYCLING ASSOCIATION (NCCA), U.S. PROFESSION-AL RACING ASSOCIATION (USPRO), AND BMX ASSOCIATION (BMXA)), AND USA CYCLING DEVELOPMENT FOUNDATION (USACDF), AND THEIR RESPECTIVE AGENTS, EMPLOYEES, VOLUNTEERS, MEMBERS, CLUBS, SPONSORS, PROMOTERS AND AFFILIATES (COLLECTIVELY "RE-LEASEES"), AND THAT I AM GIVING UP SUBSTANTIAL LEGAL RIGHTS. THIS RELEASE IS A CONTRACT WITH LEGAL AND BINDING CONSE-QUENCES AND IT APPLIES TO ALL RACES AND ACTIVITIES ENTERED AT THE EVENT, REGARDLESS WHETHER OR NOT LISTED ABOVE. I HAVE READ IT CAREFULLY BEFORE SIGNING, AND I UNDERSTAND WHAT IT MEANS AND WHAT I AM AGREEING TO BY SIGNING.

In consideration of the issuance of a license to me by one or more Releasees or the acceptance of my application for entry in the above event, I hereby freely agree to and make the following contractual representations and agreements. I ACKNOWLEDGE THAT CYCLING IS AN INHERENTLY DANGEROUS SPORT AND FULLY REALIZE THE DANGERS OF PARTICIPATING IN THIS EVENT, whether as a rider, official, coach, mechanic, volunteer, or otherwise, and FULLY ASSUME THE RISKS ASSOCIATED WITH SUCH PARTICIPATION INCLUDING, by way of example, and not limitation: dangers associated with man made and natural jumps; the dangers of collision with pedestrians, vehicles, other riders, and fixed or moving objects; the dangers arising from surface hazards, including pot holes, equipment failure, inadequate safety equipment, use of equipment or materials provided by the event organizer and others.

THE RELEASEES' OWN NEGLIGENCE, the negligence of others and weather conditions; and the possibility of serious physical and/ or mental trauma or injury, or death associated with the event. For myself, my heirs, executors, administrators, legal representatives, assignees, and successors in interest (collectively "Successors") I HEREBY WAIVE, RELEASE, DISCHARGE, HOLD HARM-LESS, AND PROMISE TO INDEMNIFY AND NOT TO SUE the Releasees and all sponsors, organizers and promoting organizations, property owners, law enforcement agencies, public entities, special districts and properties that are in any manner connected with this event, and their respective agents, officials, and employees through or by which the event will be held, (the foregoing are also collectively deemed to be Releasees), FROM ANY AND ALL RIGHTS AND CLAIMS INCLUDING CLAIMS ARISING FROM THE RELEASEES' OWN NEGLIGENCE, which I have or which

may hereafter accrue to me and from any and all damages which may be sustained by me directly or indirectly in connection with, or arising out of, my participation in or association with the event, or travel to or return from the event. I agree it is my sole responsibility to be familiar with the event course and agenda, the Releasees' rules, and any special regulations for the event and agree to comply with all such rules and regulations. I understand and agree that situations may arise during the event which may be beyond the control of the Releasees, and I must continually ride and otherwise participate so as to neither endanger myself nor others. I accept responsibility for the condition and adequacy of my equipment, any equipment provided for my use, and my conduct in connection with this event. I will wear a helmet which satisfies the requirements of the Releasees' Racing Rules or Regulations and that can protect against serious head injury, and assume all responsibility and liability for the selection of such a helmet. I have no physical or medical condition which would endanger myself or others if I participate in this event, or would interfere with my ability to safely participate in this event. I understand that drug testing may be conducted for athletes registered for this event and that the use of blood boosting or substances prohibited by Releasees' rules would make me subject to penalties including, but not limited to, disqualification and suspension. I agree to be subject to drug testing if selected, and its penalties if I fail to comply with the testing or am found positive for the use of a banned substance.

I agree, for myself and my Successors, that the above representations are contractually binding, and are not mere recitals, and that should I or my Successors assert a claim contrary to what I have agreed to in this contract, the claiming party shall be liable for the expenses (including legal fees) incurred by the Releasees in defending the claims. This contract may not be modified orally, and a waiver or modification of any provision shall not be construed as a waiver or modification of any other provision herein or as a consent to any subsequent waiver or modification. I consent to the release by any third party to Releasees and their insurance carriers of my name and medical information that may relate solely to any injury or death I may suffer arising from the event. Every term and provision of this contract is intended to be severable. If any one or more of them is found to be unenforceable or invalid, that shall not affect the other terms and provisions, which shall remain binding and enforceable.

Signature of Entrant AGE

CONSENT AND RELEASE OF PARENT OR GUARDIAN

I am the parent or guardian of ___ Child is fit for the event, and I consent to my Child's participation. I HAVE READ AND I UNDERSTAND THE ABOVE CONTRACT. In consideration of allowing my Child to participate, I consent to the contract and agree that ITS TERMS SHALL LIKEWISE BIND ME, MY CHILD, and our heirs, legal representatives, and assignees. I HEREBY RELEASE AND SHALL DEFEND, INDEMNIFY AND HOLD HARMLESS THE RELEASEES FROM EVERY CLAIM AND ANY LIABILITY that I or my Child may allege against the Releasees (including reasonable legal fees and costs) as a direct or indirect result of injury or death to me or my Child because of my Child's participation in the event, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASEES or others. I PROMISE NOT TO SUE RELEASEES on my behalf or on behalf of my Child regarding any claim arising from my Child's participation in the event.

Signature of Parent or Guardian