



# 2023 Driedaagse Des Moines

presented by **CDM Coaching, Iowa Latino Cycling Club**

Friday, May 12th to Sunday, May 14th, 2023

Water Works Park and Walnut Woods State Park Des Moines, Iowa

Held Under USA Cycling Permit # pending

**OVER \$5000 in CASH and prizes!!!!**

Category	Friday AM: Water Works TT		Friday PM: Water Works Crit		Saturday: Army Post Road RR		Sunday: Water Works Circuit		Entry Fee
	Start	Distance	Start	Distance	Start	Distance	Start	Distance	GC/Stage
Masters 55+	8:30am Wave 1	3.1 miles 1 lap	12:05pm	40min	8:30am	34.2 miles 9 laps	8:00am	23.8 miles 7 laps	\$165/\$35
Masters 45+	8:30am Wave 2	3.1 miles 1 lap	12:55pm	45min	1:00pm	38 miles 10 laps	5:30pm	27.2 miles 8 laps	\$165/\$35
Category 4/5	8:30am Wave 3	3.1 miles 1 lap	1:50pm	40min	1:03pm	38 miles 4 laps	9:05am	23.8 miles 7 laps	\$165/\$35
Women's Category 3/4/5	8:30am Wave 4	3.1 miles 1 lap	2:40pm	40min	8:33am	34.2 miles 9 laps	10:05am	20.6 miles 6 laps	\$165/\$35
Category 3/4	8:30am Wave 5	3.1 miles 1 lap	3:30pm	50min	2:45pm	41.8 miles 11 laps	11:05am	27.2 miles 8 laps	\$165/\$35
Masters 35+	8:30am Wave 6	3.1 miles 1 lap	4:30pm	50min	10:23am	41.8 miles 11 laps	1:00pm	27.2 miles 8 laps	\$165/\$35
Women's Pro/Am Open	8:30am Wave 7	3.1 miles 1 lap	5:30pm	50min	2:48pm	38 miles 10 laps	2:15pm	27.2 miles 8 laps	\$185/\$45
Pro/1/2/3	8:30am Wave 8	3.1 miles 1 lap	6:30pm	65min	10:20am	64.6 miles 17 laps	3:35pm	47.6 miles 14 laps	\$185/\$45
Juniors Girls 10-14* / 15-18* Juniors Boys 10-14* / 15-18*	On Sunday, we will have a special Juniors criterium on the Water Works criterium course. We will award trophies, medals, and prize money to the top 3 boys and girls in each group. In the future our goal is to have a stage race category for juniors.						12:20pm	30min	\$15

\* All fields on course at same time but scored separately. Combined field size not to exceed Field Limit.

- To participate in the STAGE RACE you must pre-register. Pre-registration is on [Bikereg.com](http://Bikereg.com) and closes **End of Day SUNDAY 5/07/2023 (11:59pm Central) PLEASE PRE REG!!!**
- You may enter the stage race (all 4 stages) OR **you may enter individual stages.**
- To qualify for the stage race overall; you must participate in all 4 stages.
- There will be special rules in place for the stage race overall general classification (GC):
  - The stage race overall GC will be based on time.
  - You must participate in all 4 stages to qualify for the overall GC.
  - The time trial is reserved for stage race overall GC participants. If additional time trial slots are available after pre-registration closes, these spots may become available for day of registration.
  - If you are participating in the stage race, but DNF a stage, you will receive a 20min time penalty. You will be allowed to continue in the stage race, and you will be given a final overall GC time.
  - If you have a flat tire or crash in the TT, you will be allowed one restart at the end of the time trial start list.
  - The Points, KOM, and Best Young Rider competitions are only available to stage race participants.
  - Please see the race bible for details regarding the Points, KOM, and Best Young Rider competitions.
  - Leader's jerseys will be awarded after each stage and you must wear your leaders jersey.
  - Individual stage participants are eligible for all primes and stage prizes.
  - IF an individual stage participant takes a placing or sprint that has a time bonus, Points Jersey, or KOM Jersey points value assigned to it; those time bonuses and/or points are considered void (see race bible for details).
- Individual stage entry is \$35; for Women's Open and Pro/1/2/3 individual stage entry is \$45. You may pre-register for individual stages. **Additional races on these days are \$20.**
- Day of event registration payable via card, cash, or check with additional one time \$10 "onsite" reg fee. Day of event registration **CLOSES 30 Minutes PRIOR to race start time**
- Women are welcome to enter races not designated as women's including Masters races per USA Cycling guidelines
- Event will be held rain or shine
- All USA Cycling Rules Apply.

## Course Descriptions

- **Stage 1 Time Trial:** 3.1miles; 1 lap of the long Water Works loop. Start/Finish and race HQ located in shelter south of the Water Works loop.
- **Stage 2 Criterium:** 1.8miles; Water Works Criterium loop (counterclockwise). Start/Finish and race HQ located in shelter south of the Water Works loop.
- **Stage 3 Road Race:** 3.8miles; Army Post/M. Start/Finish and race HQ located near intersection of Army Post Rd and S 42<sup>nd</sup> St. Park off Army Post Rd near Purple Martin Lake Resource Area.
- **Stage 4 Circuit Race:** 3.4miles, the long Water Works loop (clockwise). Start/Finish and race HQ located in shelter south of the Water Works loop.

## Guaranteed Overall Prize Breakdown

	Pro/1/2/3 **	Women's Open**	Masters 35+	Masters 45+	Masters 55+	Women 3/4/5	Cat 3/4	Cat 4/5
1st	\$200	\$200	\$80	\$80	\$80	\$80	\$80	\$80
2nd	\$150	\$150	\$60	\$60	prize	\$60	\$60	prize
3rd	\$110	\$110	\$50	\$50	prize	\$50	\$50	prize
4th	\$80	\$80	\$20	\$20	prize	\$20	\$20	prize
5th	\$60	\$60	\$20	\$20	prize	\$20	\$20	prize
6th - 7th	\$50	\$50						
8th - 10th	\$40	\$40						

\*\* The winners of the Pro/1/2/3 and Women's Pro/Am Open Overall GC will receive a **TISSOT WATCH!**

## Guaranteed Stage Prize Breakdown\*\*\*

	Pro/1/2/3	Women's Open	Masters 35+	Masters 45+	Masters 55+	Women 3/4/5	Cat 3/4	Cat 4/5
1st	\$50	\$50	\$40	\$40	prize	\$40	\$40	prize
2nd	\$40	\$40	prize	prize	prize	prize	prize	prize
3rd	\$40	\$40	prize	prize	prize	prize	prize	prize

\*\*\* Money and prizes go to top 3 riders across the finish line.

**Complete Race and Competition Information is available in the Tech Guide: link**

**Race Director:** Chris Daggs [chrisdaggs@yahoo.com](mailto:chrisdaggs@yahoo.com) 619-985-3282

**Driedaagse** is Dutch/Flemish for "Three Days" ... **Driedaagse Des Moines** is "Three Days of Des Moines"