



2023 GP Des Moines Criterium

presented by **CDM Coaching and Iowa Latino Cycling Club**

Water Works Park Des Moines, IA Sunday July 9, 2023

Held Under USA Cycling Permit #xxxx

Start Time	Category	Length	Pre Reg	Day Of	Purse	Prizes	Field Limit
8:30am	Juniors 13-14* / 9-12*	5 laps	\$15	\$20	~	Top 3 Medals + Prizes + Primes	75
9:00am	Masters 55+* / 60+*	45min	\$35	\$40	~	Top 3 Medals + Primes	75
9:50am	Category 5	30min	\$35	\$40	~	Top 3 Medals + Primes	75
10:30am	Masters 45+* / 50+*	45min	\$35	\$40	\$160 5 places****	Top 3 Medals + Primes	75
11:25am	Category 4/5	40min	\$35	\$40	~	Top 3 Medals + Primes	75
12:15pm	Women Category 3-5* / Women Masters 50+*	30min	\$35	\$40	\$160 5 places****	Top 3 Medals + Primes	75
1:00pm	Category 3	50min	\$35	\$40	\$160 5 places	Top 3 Medals + Primes	125
2:00pm	Category 4	45min	\$35	\$40	\$160 5 places	Top 3 Medals + Primes	125
2:55pm	Masters 35+ / 40+	50min	\$35	\$40	\$160 5 places****	Top 3 Medals + Primes	75
3:55pm	Women Open (and U23)**	60min+ 2 laps	\$45	\$50	\$700 5 places***	\$700 / 5 places*** Top 5= \$250/\$170/\$115/\$90/\$75 **Top 3 U23= \$100/\$60/\$40 gift	75
5:10pm	Kids race Ages 3-9	500m	Free				
5:30pm	Pro/1/2/3 (and U23)**	75min+ 2 laps	\$45	\$50	\$950 10 places	\$950 / 10 places Top 5= \$250/\$170/\$115/\$90/\$75 **Top 3 U23= \$80/\$50/\$40 gift	150

* All fields on course at same time but scored separately. Combined field size not to exceed Field Limit.

** U23 riders will qualify for additional prize payout to top 3 riders racing age 22 and under

*** If the Womens Open field reaches 20 entrants we will expand the prize list to \$950 / 10 places

**** Prize money goes to top 5 riders across the finish line

- Pre-registration is on Bikereg.com and closes **End of Day WEDNESDAY 7/05/2023 (11:59pm Central) PLEASE PRE REG!!!**
- Registration will be located at the shelter next to the race course.
- Race day registration will open at 7:30am
- Race day registration **CLOSES 30 Minutes PRIOR to race start time.**
- Day of event registration payable via card, cash, or check with additional one time \$5 "onsite" reg fee. Card transactions are also subject to an additional \$3 surcharge.
- **Additional races are \$20.**
- U23 riders please register for your U23 race. You will race the Womens Open and/or Pro 1/2/3 races. U23 prizes and podiums are in addition to the Womens Open and Pro/1/2/3 prizes and podiums. U23 racers qualify for prizes and podiums in the Womens Open and Pro/1/2/3 races.
- All riders are required to wear helmets whenever on a bike.
- Racers must present a valid USA Cycling license at Registration or will be required to purchase a \$15 one-day (Novice Men and Women) or \$110 annual license.
- Women are welcome to enter races not designated as women's including Masters races per USA Cycling guidelines.
- Event will be held rain or shine.
- If you cannot attend for a COVID related reason we will REFUND your entry fee!! Email promoter!
- EQUAL TOP 5 PRIZE LIST for Women's Open and Pro 1-3. \$700 cash over 5 places: 1st \$250; 2nd \$170; 3rd \$115; 4th \$90; 5th \$75
- Wheel pit: wheels in=wheels out. Remember to pickup wheels. Due to length of course riders only get 1 free lap. Free laps end with 3 laps to go.
- There will be public restrooms near registration - no public urination or public exposure!
- No warming up on course while races are in progress; we are next to a number of bike paths use them!
- There is parking near course in Water Works Park.
- All USA Cycling Rules Apply.

Guaranteed Prize Breakdown

	Pro/1/2/3	U23 1/2/3	Women's Open	Womens U23	Masters 45+ / 50+ ****	Women 3-5 / Women 50+ ****	Cat 3	Cat 4	Masters 35+ / 40+ ****
1st	\$250	\$80	\$250	\$80	\$40	\$40	\$40	\$40	\$40
2nd	\$170	\$50	\$170	\$50	\$40	\$40	\$40	\$40	\$40
3rd	\$115	\$40 gift	\$115	\$40 gift	\$40	\$40	\$40	\$40	\$40
4th	\$90		\$90		\$20	\$20	\$20	\$20	\$20
5th	\$75		\$75		\$20	\$20	\$20	\$20	\$20
6th - 10th	\$50		\$50***						

*** If the Womens Open field reaches 20 entrants we will expand the prizelist to \$800 / 10 places

**** Prize money goes to top 5 riders across the finish line

Course Description: PANCAKE FLAT 1.8mile/2.9km loop

Directions: Water Works Park in Des Moines Iowa

Parking: You can park along the street or on the grass. Please do not park in 'no parking' areas. The best parking area is along Gray's Lake Road. If you park on George Flagg Pkwy, please park on the north side. **Please do not park in the Isaak Walton League building parking lot.**

Race Director: Chris Daggs chrisdaggs@yahoo.com 619-985-3282

