

## 2017 TOUR DE SHUNK CENTURY RIDE CUE SHEET

DIRECTION	DISTANCE FROM START (miles)	
Proceed west on PA 414	0.0	
Left onto Southside Road	1.2	
Left onto Beech Flats Road	14.7	
Right onto Grover Road	17.3	
Left onto Brague Road	18.8	
Left onto Ellenton Mountain Road	19.2	CAUTION, STOP. LOOSE STONE
Left on McIlwain Road SR4002	25.6	CAUTION, LOOSE STONE
Right onto PA 154	29.3	
 1ST REST AREA	 29.8	 ENDLESS WINDS FIRE HALL
Right (south) onto PA 154		CAUTION STEEP DESCENT AT 34 MILES. STOP AT BOTTOM.
Right onto SR4001	35.1	
Right onto PA 87	40.2	
Right onto Hoppestown Road SR4010	41.3	
Left onto Proctor Road	47.3	
Continue on Dunwoody Road	49.4	
 LUNCH STOP	 49.7	 PLUNKETT CREEK FIRE HALL
Back (north) on Proctor Road		
Left onto Wallis Run Road	52.1	
Right onto Chapman Road	54.2	CAUTION CROSS-CUT IN ROAD @57 MI.
Left onto Kelly Road	57.1	
Right onto Kellyburg Road	58.4	
Right onto Slacks Run Road	59.9	
Right onto PA 14	64.1	CAUTION - TRAFFIC
(upper Bodines Road has bridge out this year)		
 3RD REST AREA	 68.5	 RALSTON FIRE HALL (OPTION FOR ST. FOREST RD*)
Right onto Grover Road	79.4	
Left onto Beech Flats Road	82.3	
Right onto Southside Road	85.0	WATER STATION
Right onto PA 414	98.5	
Arrive at Finish	99.8	

\*Rt. On Thompson St. to Rock Run, Yellow Dog, Ellenton Ridge, and left on Ellenton Mtn. Adds 1000' climbing and about 1 hour.

## Safety

- all roads are open to traffic! Follow the rules of the road, use hand signals, warn other cyclists about cars approaching. Be visible.
- stay to the right of the lane, but on roads with little or no shoulder, bicyclists should 'take the lane' if there isn't enough room for 2 cars plus a bike.
- roads are in good condition, but watch for some loose stone from PennDOT shoulder work.
- On Chapman road at about Mile 57 there's a cross-cut for a culvert that is rough, at the bottom of a hill. SLOW DOWN
- The route has 7000' of climbing which means 7000' of descending. Don't try to set speed records going downhill. BE CAREFUL.
- we'll have a few cars patrolling the route, with tubes & pumps, but you should be prepared with your own seatbag, tube & tools just in case.
- we will make a sweep of the course at the end of the day. Everyone should be off the roads by 6:30. Please let us know when you return.

## Food & drink

- carry a couple of bottles and some snacks, but you don't need too much - you can refill at the rest stops - at 26, 50, and 71 miles. We'll have Gatorade & water, fruit, cookies, and other homemade goodies. Extra water station will be at 85 miles.
- sandwiches at the 50 mile stop in Barbours.
- please don't litter!

## Other stuff

- The bib number should be pinned on the back of your shirt.
- The 25 mile route goes out about 13 miles on Southside road. Green arrows mark a U-turn near Vanfleet road for return on Southside road.
- Some riders like to leave before 9 which is fine, but support along the route is after 9. You're encouraged to meet at the driveway at 8:45 & leave as a group at 9 with a motorcycle escort.
- Spaghetti is ready around noon when some of the shorter distance riders return. Served til about 6:30. Massages will be offered from 3-6:30. Sign-in, grab some food, and the wait won't be too long.

Have fun, this is an awesome ride, raising money for a couple of great organizations, and it looks like we have fantastic weather.

Dave Prugh  
for the Tour de Shunk committee

If emergency call 911

Non-emergency calls should go to Rocky's Bike Shop 570-265-9208