

LWU CYCLING MTB SHOWDOWN SEPT. 20-21, 2025



TECH GUIDE

LOCATION: 147 Tech Way, Greensburg, KY 42743

Please see "directions" section if pulling a trailer for notes on the best way into the venue.



USAC PERMIT 11428

FRIDAY

PRE-RIDE OPTIONS:

STXC OPEN - XC, DS, and DH CLOSED.

XC will be open after STXC racing on Saturday. The course has a direction change keeping both directions open at once is dangerous. You will have plenty of time to ride XC Saturday after STXC, even if doing DH, it's a quick loop. There are other trails in the park that you can ride on. LWU people will be around, ask if you have questions.

SATURDAY

STXC - SHORT TRACK

9:00 a.m. CST - Team Relay
9:30 a.m. CST - Women B/C - 20 mins
10:00 a.m. CST - Men C - 20 mins
10:30 a.m. CST - Men B - 25 mins
11:05 a.m. CST - Women A - 30 mins
11:45 a.m. CST - Men A - 30 mins
12:25 p.m. CST - Open JR. - 20 mins

DS - DUAL SLALOM

10:00 a.m. - 1:15 p.m. CST Practice
1:30 p.m. CST - Qualifying

SUNDAY

XC - CROSS COUNTRY

8:00 a.m. CST - Men A (5 Laps/20 mi.)
9:45 a.m. CST - Women A (5 Laps/20 mi.)
9:50 a.m. CST - Women B/C (3 Laps/12 mi.)
11:30 a.m. CST - Men B (4 Laps/12 mi.)
11:33 a.m. CST - Men C (3 Laps/12 mi.)
11:36 a.m. CST - Open JR. (3 Laps/12 mi.)

DH - DOWNHILL

9:00 a.m. - 1:15 p.m. CST - Practice
1:30 p.m. CST - RACE

GENERAL INFORMATION

DIRECTIONS

Coming in from Campbellsville recommended! There is a festival in downtown Greensburg this weekend. Bringing a trailer that way could be tricky as the detour will be on tight roads.

Coming from Columbia:

Go North on 55, making a left onto US RT 68 towards Greensburg heading west, left onto Industrial Park Rd., left onto Commerce Dr., left onto Tech Way.

Coming from Campbellsville:

Head west on US RT 68 towards Greensburg heading west, left onto Industrial Park Rd., left onto Commerce Dr., left onto Tech Way.

PARKING/TRAILERS/BUSES

Parking is located off Tech Way, look for signs. Please let us know your pit/trailer size before the race and when you expect to arrive. We will mark spots for you based on when you expect to arrive.



Red boxes indicate where we will have trailers/teams parked. They will have signs/markings for your team.

If you leave your setup overnight you are responsible for any lost/stolen items. The area is safe - but always be mindful and lock things up.

All tents must be weighted down. We do have water access at the race HQ area.

PREREGISTRATION ONLY, NO IN-PERSON

Registration closes Thursday 9/18 at noon! \$26 for all events. Pay via check with code "CHECK".

REGISTER

www.bikereg.com/LWUMTB

IMPORTANT INFO ABOUT TIME ZONES!

All races will be in CENTRAL TIME ZONE. Note that your hotel may be in eastern time zone.

PACKET PICKUP

You will be able to grab your plate/packet from the race HQ (see map) from 7:00 AM - 11:00 AM Saturday, and 7:00 AM - 11:00 AM Sunday. If a waiver is not signed the team will not get all of their plates until that rider comes to complete a waiver.

CONTACT

Josh Patton, Head Cycling Coach Lindsey Wilson University
pattonj@lindsey.edu, 606-682-4950

SATURDAY INFORMATION

RELAY TEAMS

Please fill out and turn in relay teams to pattonj@lindsey.edu by 8:00 AM on Saturday morning. **Teams will have relay specific plates.**

CHIP TIMING - STXC

Races are chip timed. If you cut, fold, or alter your plate to where your chip does not read correctly you risk not having an accurate time. Please be mindful of how you mount/treat your plate.

RESULTS - STXC AND DS

We will upload results to the shared google doc as soon as possible after every race. We will only run a round of 32 in DS if the qualifying field is over 50.

RIDER PULLING - STXC

Please report self pulls to the USAC official/timing booth. We will pull riders who risk getting lapped.

SUNDAY INFORMATION

CHIP TIMING - XC

Same plates and the same deal as STXC.

CHIP TIMING - DH

You will need to pick up your wrist band before your race run on Sunday. You can do this between 11:30 AM and 1:15 PM at race HQ.

RESULTS - XC AND DH

We will upload results to the shared google doc as soon as possible after every race.

RIDER PULLING - XC

Please report self pulls to the USAC official/timing booth. We will pull riders who risk getting lapped.

DOWNHILL

Full face helmet and 2 practice laps required. One run race format.

Start order: Men A, Women A, Women B/C, Men B, Men C, Open Jr.

You will drop in 30 seconds or 1 minute gaps. We will have a start time and order you must follow.

SHUTTLE

This is a shuttleable trail via a paved road - BLUFF BOOM Rd. Organize with your team on how this could be best for you. Riders without a team shuttle, don't hesitate to ask to hop on with others! The pedal up the road is not bad, pedal up the trail is not bad but will be closed during XC. Using an e-bike and tow strap works well also.

If you ride in the back of trucks, remember that this is an open road and liability is on you, so be careful! Remember the race is not to the top, it's to the bottom!